

## Report

**Programme Name:** International Yoga Day

**Date:** 21/06/2021

**Venue:** Lakhimpur Girls' College


**Number of participants:** 100

International Yoga Day was celebrated by NSS Unit of Lakhimpur Girls' College on 21<sup>st</sup> June 2021 in online mode at 8.00 AM in the morning in the Google Meet platform. This year's theme of the programme was "**Be with Yoga, Be at Home**". A national webinar on the occasion of International Yoga Day, 2021 was organized by NSS Unit in association with Yoga Meditation Centre of Lakhimpur Girls' College. Two distinguished speakers Ms. Purabi Dekea, Senoir faculty, Art of Living, Bangalore, India and Mr. Azad Hazarika Director, Azad Health Club, North Lakhimpur, Assam have been invited for the programme. Dr. Surajit Bhuyan, Principal, Lakhimpur Girls' College has inaugurated the programme at 8:00 AM. Mr. Azad Hazarika delivered a talk on Yoga and Meditation. Ms. Lonee Tayeng, Gymnasium Secretary of Lakhimpur Girls' College has performed Yoga programme. The webinar was hosted by Mr. Durlav Raj Taid, Co-ordinator, Yoga Meditation Centre and vote of thanks was delivered by Dr. Mahmuda Begum, Programme Officer, NSS Unit of Lakhimpur Girls' College. The webinar was participated by 100 NSS Volunteers and Faculty Members of Lakhimpur Girls' College.

Dr. Mahmuda Begum

Programme Officer, NSS Unit

Lakhimpur Girls' College

  
Programme Officer, NSS  
Lakhimpur Girls' College  
North Lakhimpur

### **Participants List:**

1. Dr . Surajit Bhuyan, Principal ,Lakhimpur Girls' College
2. Mr. Azad Hazarika Director, Azad Health Club, North Lakhimpur, Assam
3. Dr. Mahmuda Begum, NSS Programme Officer, Lakhimpur Girls' College
4. by Mr. Durlav Raj Taid, Co-ordinator, Yoga Meditation Centre, Lakhimpur Girls' College

### **NSS Volunteers:**

1. Pardita Bonia
2. Roma Gohain
3. Hasina Begum
4. Olee Saikia
5. Purnima Dutta
6. Chimpi Dutta
7. Vishakha Sarma
8. Rekha Sarma
9. Bhabani Das
10. Taskia Rahman Borah
11. Sima Biswas
12. Anjali Sonowal
13. Pronita Lagachu
14. Dipshikha Saikia
15. Anusuya Doley
16. Nitumoni Doley
17. Sapna Rekha Dawaha
18. Deetimoni Gogoi
19. Ankita Saikia
20. Deepamoni Saikia
21. Nijumoni Tamuli
22. Dipshikha Roy
23. Azshira Rahman
24. Jyotishra Dutta
25. Nibita Miri
26. Tutumoni Chakraborty
27. Juhi Bhumiz
28. Tula Knowar
29. Moupriya Purkayastha

  
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30. Arbin Begum
31. Tina Miri
32. Junali Chutia
33. Bornali Mudoi
34. Rituparna Bharali
35. Jun Tamuli
36. Dimpri Hazarika
37. Anushri Bhuyan
38. Sewali Kachari
39. Debloy Taid
40. Bhanupriya Mili
41. Tina Baruah
42. Afruja Begum
43. Afsana Begum Laskar
44. Musfika Begum
45. Anuska Devi
46. Sonali Saikia
47. Archana Saikia
48. Afsana Ahmed
49. Momishri Deori
50. Jeuti Swargiary
51. Monumoti Poleng
52. Munmi Saikia
53. Tupu Narzary
54. Indrani Lamu
55. Sujata Parajuli
56. Jayashree Dutta
57. Rimpi Chutia
58. Minakhee Saikia
59. Pronoti Bhuyan
60. Juri Pegu
61. Gayatree Saikia
62. Merilina Gogoi
63. Rekhmoni Dutta
64. Bharati Borah
65. Karishma Phukan
66. Sonam Das
67. Sivani Gogoi
68. Mallika Pegu
69. Dipali Borah



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**Lakhimpur Girls' College**  
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70. Namita Gohain
71. Porishmita Bhuyan
72. Rima Pegu
73. Mridushmita Miri
74. Priyanka Taid
75. Binarani Taid
76. Sonmoni Pegu
77. Himangini Kaman
78. Dikshita Saikia
79. Ankita Borah
80. Lakhimi Basumatary
81. Rimpi Chutia
82. Merilina Gogoi
83. Minakshi Saikia
84. Madhusmita Gogoi
85. Priya Sharma
86. Sewali Konwar
87. Tonika Miri
88. Depshikha Hazarika
89. Dinara Begum
90. Jayashree Dutta
91. Barnali Bhuyan
92. Bharati Borah
93. Gayatree Saikia
94. Rashmi Rekha Borah
95. Gitashree Borah
96. Jyotishna Dutta
97. Nibita Miri
98. Sulva Pegu
99. Rima Pegu
100. Ankita Saikia



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